



Module 8: Other Activities



Module Objectives

After this module, you should be able to:

- List some of the key features of TRICARE Plus
- Explain the ECHO benefit and who is eligible for it
- Explain the CAP Program
- Describe the US Family Health Plan



TRICARE Plus

- TRICARE Plus allows beneficiaries who normally are only able to get care at a military treatment facility (MTF) on a space-available basis to enroll and receive primary care appointments at the MTF within the same primary care access standards as beneficiaries enrolled in a TRICARE Prime option
 - TRICARE Plus is not a health plan, it is simply a way to access primary care at MTFs
- TRICARE Plus is only available at certain MTFs, and the local MTF commander may limit enrollment to specific categories of beneficiaries
- TRICARE beneficiaries enrolled in a Prime option (*overseas or stateside*), a civilian HMO, or Medicare HMO are not eligible to enroll in TRICARE Plus
- TRICARE Plus is not a portable benefit; meaning that enrollment into TRICARE Plus at one MTF does not automatically extend enrollment to another MTF



TRICARE Plus

Eligibility

- TRICARE Standard beneficiaries
- Retirees and retiree family members using TRICARE For Life

Coverage

- Beneficiaries should contact their local military treatment facility (MTF) to find out if they may participate in TRICARE Plus; TRICARE does not administer this program
- If available, the beneficiary's enrollment in TRICARE Plus will be reflected in DEERS
- TRICARE Plus does not guarantee access to specialty care at the MTF
 - If referral to civilian care outside of the MTF is required, TRICARE Standard rules will apply
- There are no out of pocket costs for enrollment in TRICARE Plus



Extended Care Health Option Program

- The Extended Care Health Option (ECHO) is a supplemental program to the basic TRICARE program
- ECHO provides financial assistance for an integrated set of services and supplies to qualified active duty family members (including family members of activated National Guard or Reserve members)
- ECHO benefits may include:
 - Medical and rehabilitative services
 - Training to use assistive technology devices
 - Special education
 - Institutional care when a residential environment is required
 - Transportation to receive authorized ECHO benefits under certain circumstances
 - Assistive services, such as those from a qualified interpreter or translator
 - Durable equipment, including adaptation and maintenance
 - In-home medical services through ECHO Home Health Care (EHHC) _
 - In-home respite care services



Extended Care Health Option Program

Eligibility

- TRICARE ECHO provides financial assistance **only** for active duty family members with specific qualifying mental or physical conditions, including:
 - Diagnosis of a neuromuscular developmental condition or other condition in an infant or toddler expected to precede a diagnosis of moderate or severe mental retardation or serious physical disability
 - Extraordinary physical or psychological condition causing the beneficiary to be homebound
 - Moderate or severe mental retardation
 - Multiple disabilities (may qualify if there are two or more disabilities affecting separate body systems)
 - Serious physical disability
- Eligible beneficiaries must be enrolled in the Exceptional Family Member Program (EFMP) based on Service guidance
- Each service branch has its own EFMP and enrollment process
 - Under certain circumstances, this requirement may be waived
- If a sponsor believes a qualifying condition exists, they should call their regional contractor to determine eligibility
- If overseas, beneficiaries should contact their MTF or TRICARE Area Office



ECHO Cost Shares

- Sponsors must pay part of the monthly expenses for authorized ECHO benefits
- The monthly cost share is based on the sponsor's pay grade as shown in the chart below
- The monthly cost share is only one fee per sponsor, not per ECHO beneficiary
- ECHO beneficiaries only pay the cost share if they use ECHO benefits during that calendar month

Sponsor Pay Grade	Sponsor Cost Share Amount
E-1 to E-5	\$25
E-6	\$30
E-7, O-1	\$35
E-8, O-2	\$40
E-9, WO/W-1 , CWO-2 and O-3	\$45
CWO-3, CWO-4, O-4	\$50
CWO-5, O-5	\$65
O-6	\$75
O-7	\$100
O-8	\$150
O-9	\$200
O-10	\$250



Computer/Electronic Accommodations Program

- The Computer/Electronic Accommodations Program (CAP) provides assistive technology and services to people with disabilities, Federal managers, supervisors, and IT professionals
- CAP increases access to information and works to remove barriers to employment opportunities by eliminating the costs of assistive technology and accommodation solutions
- CAP's mission is to ensure that people with disabilities have equal access to information, environment, and opportunity in the Department of Defense and throughout the Federal government
- Congress granted CAP the authority to provide assistive technology, devices, and services free of charge to Federal agencies that have a partnership agreement with CAP
- The TRICARE Management Activity, a field activity in the Office of the Assistant Secretary of Defense (Health Affairs), serves as the executive agent for CAP



Computer/Electronic Accommodations Program

Eligibility:

- Federal employees with disabilities
- Wounded service members
- Federal managers, supervisors, and IT professional

If a person has a disability and is employed by a component of the Department of Defense, or one of the federal agencies that has a partnership with CAP, they are eligible for CAP services.

CAP provides:

- Assistive technology to increase access to the computer and telecommunications environment
- Individualized needs assessments
- Demonstration and evaluation of assistive technology
- Installation, integration and training
- Disability education and awareness
- Section 508 training

To learn more about CAP, visit www.tricare.mil/cap



Uniformed Services Family Health Plan

- US Family Health Plan is a TRICARE option
- The US Family Health Plan was selected by the Department of Defense (DoD) to be a provider of TRICARE Prime and has served the health care needs of military beneficiaries since 1993, under an earlier contract with the DoD
- US Family Health Plan members receive all the benefits offered by the DoD's TRICARE Prime program, plus additional advantages and features at no extra cost
- Beneficiaries must be enrolled in the Defense Enrollment Eligibility Reporting System and live within USFHP service area as determined by zip code



Uniformed Services Family Health Plan

Eligibility:

- Certain former active duty service members, including Guard/Reserve and their family members during the Transitional Assistance Management Program period
- Active duty family member spouses
- Active duty family member unmarried dependent children until age 21 or 23 if enrolled in school full-time
- U.S. uniformed services retirees
- U.S. uniformed services retiree family members, including un-remarried Survivors
- Eligible un-remarried former spouses of active duty or retired service members

Enrollment:

- Open year round
- Eligible beneficiaries must complete a DD Form 2876 to enroll
- Coverage begins on the first day of the month following receipt of the application
- There are no enrollment fees for active duty family members or for beneficiaries who are enrolled in Medicare Part B



Uniformed Services Family Health Plan

Costs:

- Active duty family members pay no enrollment fees and no out-of-pocket costs for any type of care as long as care is received from the US Family Health Plan provider
- All other beneficiaries pay annual enrollment fees (\$230/year for individuals or \$460/year for families)
- Cost for care is based on where the care is received
 - Retirees and their families not enrolled in Medicare Part B pay the same
\$230 individual/\$460 family enrollment fees paid by TRICARE Prime retirees and their family members



Uniformed Services Family Health Plan

Eligible beneficiaries can enroll in Uniformed Services Family Health Plan (USFHP) at one of the designated USFHP providers listed below.

**Pacific Medical Centers
(PacMed Clinics)**
Serving the Puget Sound area
of Washington State
1-888-958-7347



Martin's Point Health Care
Serving Maine, Vermont,
New Hampshire and
northeastern New York
1-888-241-4556



Brighton Marine Health Center
Serving Massachusetts, including
Cape Cod, Rhode Island and
northern Connecticut
1-800-818-8589



CHRISTUS Health
Serving southeast Texas and
southwest Louisiana
1-800-678-7347



Johns Hopkins Medicine
Serving central Maryland, Washington
DC and parts of Pennsylvania, Virginia
and West Virginia
1-800-808-7347



**Saint Vincent Catholic
Medical Centers**
Serving parts of New York, all of
New Jersey, eastern Pennsylvania
and southern Connecticut
1-800-241-4848



Visit www.usfhp.com for more information



Summary

Congratulations!
You've Completed Lesson 8: Other Activities!

You should now be able to:

- Describe some of the key features of TRICARE Plus
- Describe the ECHO benefit and who is eligible for it
- Describe the CAP Program
- Describe the US Family Health Plan

